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Photo Credit Kevin O'Reilly

NWT

Seniors' Society

NWTSS Annual General Meeting

The NWTSS AGM is on October 21st at 1:30. If you would like to attend the meeting **online** or by **telephone**, please contact Suzette Montreuil at 920-7444 or 1-800-661-0878 or email ed@seniorsnwt.ca. New Board members are being sought for Yellowknife & Hay River as current terms will be finished.



Current Board Members: Florence Barnaby, Margaret Shott, Therese Villeneuve, Annie Goose, Elizabeth Kunnizzie, Tom Makepeace, Martina Norwegian and John Soderberg

Update on Collaborating for Inclusion of Older Adults

We have chosen 10 communities to take part in this exciting project! They are:

Fort Simpson	Fort Resolution	Fort Good Hope
Lutselk'e	Kakiska	Jean Marie River
Sambaa K'e	Tulita	Ndilo and Dettah
Fort McPherson		

Each community has a community facilitator who will reach out to isolated elders in the community. We developed common goals and ideas for working together. The community facilitators will take part in orientation sessions led by the leadership team of the project on various topics starting in September. The Leadership team is:

Kathryn Barry Paddock – NWT Literacy Council
Roxanne Cook – Dene Nation
Wanda Roberts – Aurora College
Bri Krekoski/Sheena Trembley – NWT Recreation and Parks Association
Martha MacLellan – Alberta/NWT Alzheimer's Society

Our Elders' Council provide us with advice to keep the project culturally relevant and safe. They are:

Florence Barnaby – Fort Good Hope
Annie Goose – Ulukhaktok
Therese Villeneuve – Fort Resolution
Andy Norwegian – Fort Simpson

Community Spotlight: Fort McPherson

In Gwichin, Teet'liZheh means "at the head of the waters". Ft McPherson is a hamlet located in the Inuvik region on the east bank of the Peel River. It is the first community on the Dempster Highway when you come from the Yukon. The two languages spoken there are Gwi'chin and English. We held a Creating Safe Communities for Older Adults workshop there in June.

Several elders participated but we kept our distance because of COVID.

You can request a "Creating Safe Communities for Older Adults"

Workshop for your community as well.



Participants in workshop



St. Matthews Church in Fort McPherson

Taking Elders Out on the Land

It might take a bit more effort but it is so worthwhile to take elders out on the land. Congratulations to Dehcho K'ehodi Stewardship and Guardian Program for taking elders to Horn River this summer for the Edehzie on the land camp.



Photo Credit Dehcho K'ehodi Stewardship and Guardian Program



Our Website!

You can find us online on Facebook and through our website!

Online pages are updated weekly and feature news stories, service announcements, and topics relevant to seniors in the NWT.

www.nwtseiorsociety.ca

www.facebook.com/NWTSeniors

Why We Need a Seniors' Strategy



Photo Credit: Kevin O'Reilly

The NWTSS met with NWT Minister Shane Thompson and Minister Diane Thom to discuss the need for a Seniors' Strategy. Seniors in the NWT have so many different needs that require government departments to have a common plan and to work together.

What We Need to Improve

Access to help with home & yard upkeep

Local transportation services for seniors

More client-centered home support

Subsidy for low income seniors paying market rent

Safe, suitable and accessible public housing

Affordable housing

More supportive living and long term care

MLAs supported the idea of Seniors' Strategy by passing a resolution in June 2020. Cabinet has Aging in Place as a priority but has not put forward a Seniors' Society.

coming soon >>>

In The Next Issue

Results of Board elections

Community profile

Winter hobbies

Updates

What We Do Well

Supplementary Health Coverage

Publicly funded homecare and rehabilitation services

Publicly funded or not-for-profit long-term care

Some subsidies to offset cost of living

Programs to fund home renovations

Government Service Officers link to elders

COVID Update

Phase 2 allows us:

- Maximum of 10 people in a house.
- Gatherings of 25 people or less indoors and 50 people or less outdoors
- Still have to keep "a caribou apart" (2 metres), wash hands and not eat communal food.

Keep our elders safe!



Questions? Contact us!

Phone: 1-800-661-0878 | 867-920-7444

Website: www.nwtseiorsociety.ca

Facebook: www.facebook.com/nwtseiors