

Senior Citizens
Month—

June 2021



June 1st - Inter-
generational Day

June 15th - World
Elder Abuse
Awareness Day

Apply for a grant
with NWT Seniors'
Society

Let us know how
you celebrated
Senior Citizens
Month 2021 by
sharing your sto-
ries and photos!

Senior Citizens' Month—June 2021 Ideas for Events in Your Community

Promote Seniors Citizens' Month

Change your Facebook status,
tweet or make a poster to promote
Senior Citizens' Month.



Story Time

Create opportunities for elders and
children to read together on com-
puter, porch or by telephone.

Gift packages

Make gift packages for elders and have them delivered.
Fill them with healthy snacks.

Visiting Seniors

Follow social distancing rules but organize a visit on a porch
or somewhere outside you can sit 2 meters apart.

Offer some help

Know someone that needs a bit of extra help around the
house or in their yard? Offer your agility and time.

Traditional Skills and Hobbies

Check in to see if elders have
materials to do their favorite
craft or hobby. If needed, provide
craft bags.





June 15 is
World
Elder
Abuse

Awareness Day!

Contact Us:

ed@seniorsnwt.ca

1-800-661-0878

1-867-444-7444

920-7444

Facebook:

[NWT Seniors' Society page](#)



NWT SENIORS' SOCIETY

Senior Citizens' Month—June 2021

Barbecue or Fish Fry

Organize a barbecue or a fish fry for elders in your community. See if someone can come and play the fiddle or guitar for them.

Organize an Elders' Tea

Make good tea and snacks for elders. Make sure they have room to space out 2 meters!

June 1st is Intergenerational Day

Ask youth in your community to send cards or make posters about the role that elders play in their lives. Deliver these to the elders in your community.

June 15th is World Elder Abuse Awareness Day

Awareness campaigns

Use radio or posters to get your message out to stop the abuse of older adults – ask service providers and others in your community/region that have knowledge to help with such events or contact us for resources.