

## Hay River Seniors' Society

#210 86 Capital Drive

Hay River, NT

X0E 1G2

---

Hay River Seniors' Society 874- 3363 President- John Brockway 874- 2783, Vice- President- Tom Makepeace 874- 6458 Cell 876- 0403, Secretary- Irene Batt 874- 2886, Treasurer- Bev Schofield 874-6423, Directors: Tony Agostino 874- 2886, Sophie Korochuk, Bruce Green 874-2956, Alvina Sibbeston 874- 2703, Marj Whiting, Doris Caudron 874- 3259, Nancy Makepeace 874- 6458 cell 876 1411, Elsie Gresl 874- 2020 Cell 876- 2130, Margaret Ireland 874- 3046 Cell 875- 8844, Marion Smith 874- 2253 Cell 875- 7148

NWT Seniors' Society Seniors' Hotline: 1- 800- 661- 0878

NWT Seniors' website [www.nwtSeniors'society.ca](http://www.nwtSeniors'society.ca)

November, 2016

The first thing to note this month is that **the clubroom is rented** on many days so please check to see if it conflicts with any of our regular activities. Several of these days rented are by candidates in the territorial elections so check their advertising if you wish to attend one of their events

The rented days are:

Thursday, Nov.12

Saturday, Nov.14

Tuesday, Nov.17

Wednesday, Nov. 18

Friday, Nov.20 There will be no soup and sandwich lunch

Saturday, Nov.21

Sunday, Nov.22

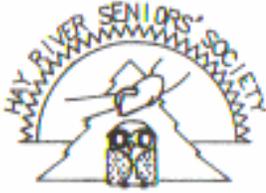
Monday, Nov.23

Tuesday, Nov.24

**.Memberships for 2016** are now on sale. The cost is \$5.00.

We have purchased a **wreath for the November 11** Remembrance Day ceremony at the Legion. Doris Caudron will lay the wreath for us.

We will hold our **annual bake sale on Saturday, December 5**. The money raised is used to purchase gifts for everyone who lives in assisted



## Hay River Seniors' Society

#210 86 Capital Drive

Hay River, NT

X0E 1G2

---

living. Baking should be brought to the clubroom between 10:30 and 11:00 so that it can be priced. The sale will be between noon and 2pm.

Our **Christmas dinner** is open to all seniors. The cost of a ticket is \$5. We have received a grant from New Horizons to cover the cost of the dinner. It will be a turkey dinner with all the trimmings held at the Woodland Wok and Grill on **Saturday, Dec. 12** at 6pm. There is only room for 100 guests so pick up your tickets at the clubroom before December 5.

The Elks have given us \$500 to support the crib days with high school students every second Wednesday morning. The next games should be December, 2 at about 9:30.

We have received **money from Get Active** to plan activities for seniors. Tell us what you would do...walking, skating, swimming, ski lessons, bowling, armchair exercises, yoga, gold zumba, snowshoeing, dancing or ???

We also want to try **other activities**. Some suggested were movies at the Riverside Cineplex, card games like whist or canasta, educational sessions on topics such as housing in Hay River, computer lessons, making wills, living wills, and powers of attorney, health topics or???

To give us your ideas stop in for coffee or phone one of the directors. Their phone numbers are listed at the top of this letter. Are any of you qualified to lead one of these activities or do you know someone who could?

**Coffee time** continues to be Mondays, Wednesdays, and Fridays from 9:30 to 11:00 am and Tuesdays and Thursdays from 1:00 to 3:00 pm.